

CAPA FALL FILL-A-BAG

HELP US AS WE COLLECT ITEMS FOR THE

FOOD BANK & **FOX SOCKS**



Grocery bags will begin to be distributed at the CAPA Fall Conference, the October Business Meeting and the DGS Forum. You may even fill your own bag.

For the past 4 years we have been asking for donations for the Food Bank and for The Salvation Army Fox Socks. We tried to do challenges to make it more appealing for our members; but this year we are simply just asking for your support as the real winners are the persons who receive your donations.

Attached are lists for both the Food Bank and the Fox Socks stating the items needed. Collection of the bags will begin during the October 16, 2018 CAPA meeting and until November 30, 2018. If you cannot bring to the October or November meeting, you can call 804-674-6720 or email info@capavirginia.org to make arrangements for pick-up.

Since we do not receive the socks until mid-or-late-October, we ask you put the items in the paper bag and we will transfer to the stockings. We will set aside a day the first week of December to fill the stockings if you would like to participate.

Please do what you can; even if it is small, every donation helps.

Thank you,
2018 CAPA Board